Mount Union Jr./Sr. High

March 2025



What is a Meal?

You must choose at least 3 of the 5 components available for the school

lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2

cup of vegetable must accompany a

reimbursable lunch

Meat or Meat Alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk

Offering a variety of Chef Inspired

Creations

Daily Choices include:

Turkey Ranch Wrap

Pepperoni Pizza

Chef Salad

Grape Uncrustables

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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or Turkey& Cheese Croissant

FEATURED VEGGIES Steamed Green Beans Fresh Broccoli Choice of Fruit Choice of Milk

Walking Taco

Hot Sausage Sandwich **FEATURED VEGGIES** Seasoned Rice Red Pepper Strips Choice of Fruit Choice of Milk

11

Mashed Potato Bowl w/ Dinner Roll or

Pulled Pork BBO FEATURED VEGGIES Steamed Corn Cherry Tomatoes Choice of Fruit Choice of Milk

12

Entrée Stromboli w/ Sauce or

Cheese Steak **FEATURED VEGGIES** Baked Potato w/ Fixings Chickpea Salad Choice of Fruit Choice of Milk

13

Buffalo Chicken on flatbread or Fish Sandwich

FEATURED VEGGIES Oven Fries Steamed Carrots Featured Fruit Choice of Milk

14

10

cheffresh

Chicken Alfredo with a aarlicstick

Cheeseburger FEATURED VEGGIES Steamed Peas Cherry Tomatoes Featured Fruit Choice of Milk

Entrée Turkey Club

Ham & Cheese Croissant **FEATURED VEGGIES** Tater Tots Curried Chick Pea Salad Featured Fruit & Milk Chicken Noodle Soup

18

Entrée Meatloaf with Gravv

Turkey, Bacon Panini **FEATURED VEGGIES** Mashed Potatoes Steamed Corn Featured Fruit Choice of Milk

19

Entrée Faiita Grill Chicken Faiitas or Sloppy Joe

FEATURED VEGGIES Ranch refried Bean Dip Fresh Pico De Gallo Featured Fruit Choice of Milk

20

No School

Act 80 Day

17

cheffresh

Entrée Meatball Sub

Chicken Quesadilla FEATURED VEGGIES Steamed Corn Broccoli Salad Featured Fruit Choice of Milk

Entrée Chicken Patty on a roll

Hot Dog FEATURED VEGGIES Baked Beans Red Pepper strips Featured Fruit Choice of Milk

25

Entrée Hot Sausage on a Roll

BBQ Rib

FEATURED VEGGIES Steamed Peas Cherry Tomatoes Featured Fruit Choice of Milk

26

Entrée Racon Cheeseburge

or Corn Dog FEATURED VEGGIES Au gratin Potatoes Baby Carrots Featured Fruit Choice of Milk 27

Entrée Hot Ham and Cheese Pretzel Melt or

21

Fish Nuggets FEATURED VEGGIES **Curly Fries** Cucumber Slices Featured Fruit Choice of Milk

28

24 cheffresh

> Entrée Spaghetti & Meatballs with Garlicstick

> Italian Sausaae FEATURED VEGGIES Steamed Green Beans Romaine Salad Featured Fruit Choice of Milk

Entrée Toasted Cheese

Chicken Quesadilla **FEATURED VEGGIES** Tomato Soup Red Pepper Strips Featured Fruit Choice of Milk

Entrée

Chicken & Waffles

Turkey, Bacon Panini **FEATURED VEGGIES** Mashed Potatoes Steamed Corn Featured Fruit Choice of Milk

Entrée Stromboli

Corn Dog
FEATURED VEGGIES Pasta salad Baby Carrots Featured Fruit Choice of Milk

Entrée Pierogies w/ Bacon & Cheese or

Fish Sandwich **FEATURED VEGGIES** Roasted Zucchini Tomato Wedges Featured Fruit Choice of Milk

31



Entrée Pizza Casserole w/ Garlicstick BBQ Rib **FEATURED VEGGIES** Steamed Green Beans Baby Carrots

Featured Fruit



ALL STUDENT LUNCHES ARE FREE!!

All ala carte and 2nd lunches are charged at regular price.

Adult \$4.75

Tina Werner Food Service Director 814-542-2518 #126 USDA is an equal opportunity provider and employer



