## Mount Union Jr./Sr. High

## February 2025



## What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk



Offering a variety of Chef Inspired
Creations
Daily Choices include:

Turkey Ranch Wrap Pepperoni Pizza Chef Salad Grape Uncrustables Strawberry Uncrustables



MONDAY

TUESDAY 2/4/2025

Entrée

Walking Taco

WEDNESDAY 2/5/2025 THURSDAY 2/6/2025

FRIDAY 2/7/2025

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Entrée Mac & Cheese with a Garlicstick or

Turkey& Cheese Croissant FEATURED VEGGIES Steamed Green Beans Fresh Broccoli

Choice of Fruit

Choice of Milk

Hot Sausage Sandwich
FEATURED VEGGIES
Seasoned Rice
Red Pepper Strips
Choice of Fruit
Choice of Milk

Entrée Mashed Potato Bowl w/ Dinner Roll

> Pulled Pork BBQ FEATURED VEGGIES Steamed Corn Cherry Tomatoes Choice of Fruit Choice of Milk

> > 12

Entrée Monte Cristo on french toast or **Corn Dog** 

FEATURED VEGGIES Baked Potato w/ Fixings Chickpea Salad Choice of Fruit Choice of Milk

13

Entrée Buffalo Chicken on flatbread or

Turkey Panini
FEATURED VEGGIES
Oven Fries

Steamed Carrots Featured Fruit Choice of Milk

14

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Entrée Chicken Alfredo with a aarlicstick or

Ham & Cheese Croissant
FEATURED VEGGIES
Steamed Peas
Cherry Tomatoes
Featured Fruit
Choice of Milk

17

Entrée Turkey Club Sandwich or BBQ Rib

11

FEATURED VEGGIES
Tator Tots
Curried Chickpea Salad
Featured Fruit/ Milk
Chicken Noodle Soup

Entrée Hot Turkey with aravv or Corn Dog

FEATURED VEGGIES
Mashed Potatoes
Baby Carrots
Featured Fruit
Choice of Milk

Entrée Fajita Grill Chicken Faiitas or

Sloppy Joe FEATURED VEGGIES Ranch refried Bean Dip Fresh Pico De Gallo Featured Fruit Choice of Milk



18 19 20 21



Entrée Toasted Cheese or

Chicken Quesadilla
FEATURED VEGGIES
Tomato Soup
Red Pepper Strips
Featured Fruit
Choice of Milk

Entrée Chicken & Waffles

Turkey, Bacon Panini FEATURED VEGGIES Mashed Potatoes Steamed Corn Featured Fruit Choice of Milk Entrée Stromboli or

Corn Dog
FEATURED VEGGIES
Pasta salad
Baby Carrots
Featured Fruit
Choice of Milk

Entrée Buffalo Chicken Flatbread or

Cheese Steak
FEATURED VEGGIES
Roasted Zucchini
Tomato Wedges
Featured Fruit
Choice of Milk

25 26 27 28



Entrée Meatball Sub

or Chicken Quesadilla FEATURED VEGGIES Steamed Corn Broccoli Salad Featured Fruit Choice of Milk Entrée Chicken Patty on a roll

Hot Dog
FEATURED VEGGIES
Baked Beans
Red Pepper strips
Featured Fruit
Choice of Milk

Entrée Hot Sausage on a Roll

BBQ Rib
FEATURED VEGGIES
Steamed Peas
Cherry Tomatoes
Featured Fruit

Choice of Milk

Entrée Bacon Cheeseburge

or Corn Dog FEATURED VEGGIES Au gratin Potatoes Baby Carrots Featured Fruit Choice of Milk Entrée Hot Ham and Cheese Pretzel Melt

or Turkey Hoagie FEATURED VEGGIES Curly Fries Cucumber Slices Featured Fruit Choice of Milk



## **ALL STUDENT LUNCHES ARE FREE!!**

All ala carte and 2nd lunches are charged at regular price.

Adult \$4.75

Tina Werner
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