

MOUNT UNION JR/SR HIGH

JANUARY 2025



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk



Offering a variety of Chef Inspired C Creations



MONDAY

TUESDAY

WEDNESDAY
1/1/2025

THURSDAY
1/2/2025

FRIDAY
1/3/2025

6		7	8	
<p>Entrée Monte Cristo on french toast</p> <p>FEATURED VEGGIES Baked Potato w/ Fixings Chickpea Salad Choice of Fruit Choice of Milk</p>		<p>Entrée Buffalo Chicken on flatbread</p> <p>FEATURED VEGGIES Oven Fries Steamed Carrots Featured Fruit Choice of Milk</p>		

<p>Entrée Chicken Alfredo with a garlicstick</p> <p>FEATURED VEGGIES Steamed Peas Cherry Tomatoes Featured Fruit Choice of Milk</p>		<p>Entrée Turkey Club Sandwich</p> <p>FEATURED VEGGIES Tator Tots Curried Chickpea Salad Featured Fruit/ Milk Chicken Noodle Soup</p>	<p>Entrée Hot Turkey with aravv</p> <p>FEATURED VEGGIES Mashed Potatoes Baby Carrots Featured Fruit Choice of Milk</p>	<p>Entrée Fajita Grill Chicken Fajitas in Soft Tortilla w/ Sautéed Peppers and Onions</p> <p>FEATURED VEGGIES Ranch refried Bean Dip Fresh Pico De Gallo Featured Fruit Choice of Milk</p>	<p>Entrée Buffalo Chicken Dip Over Fries</p> <p>FEATURED VEGGIES Steamed Broccoli Tomato Wedges Featured Fruit Choice of Milk</p>
13		14	15	16	17

<p>Entrée Meatball Sub</p> <p>FEATURED VEGGIES Steamed Corn Broccoli Salad Featured Fruit Choice of Milk</p>		<p>Entrée Chicken Patty on a roll</p> <p>FEATURED VEGGIES Baked Beans Red Pepper strips Featured Fruit Choice of Milk</p>	<p>Entrée Hot Sausage on a Roll</p> <p>FEATURED VEGGIES Cheesy Broccoli Cherry Tomatoes Featured Fruit Choice of Milk</p>	<p>Entrée Bacon Cheeseburger</p> <p>FEATURED VEGGIES Au gratin Potatoes Baby Carrots Featured Fruit Choice of Milk</p>	<p>Entrée Hot Ham and Cheese Pretzel Melt</p> <p>FEATURED VEGGIES Curly Fries Cucumber Slices Featured Fruit Choice of Milk</p>
20		21	22	23	24

<p>No School</p>		<p>Entrée Toasted Cheese</p> <p>FEATURED VEGGIES Tomato Soup Red Pepper Strips Featured Fruit Choice of Milk</p>	<p>Entrée Chicken & Waffles</p> <p>FEATURED VEGGIES Mashed Potatoes Steamed Corn Featured Fruit Choice of Milk</p>	<p>Entrée Stromboli</p> <p>FEATURED VEGGIES Pasta salad Baby Carrots Featured Fruit Choice of Milk</p>	<p>Entrée Buffalo Chicken Flatbread</p> <p>FEATURED VEGGIES Roasted Zucchini Tomato Wedges Featured Fruit Choice of Milk</p>
27		28	29	30	31

<p>Entrée Pizza Casserole with a garlicstick</p> <p>FEATURED VEGGIES Steamed Green Beans Baby Carrots Featured Fruit Choice of Milk</p>		<p>Entrée Chicken & Cheese Quesadilla</p> <p>FEATURED VEGGIES Refried Beans Cherry Tomatoes Featured Fruit Choice of Milk</p>	<p>Entrée Chicken Alfredo with a garlicstick</p> <p>FEATURED VEGGIES Steamed Peas Broccoli Featured Fruit Choice of Milk</p>	<p>Entrée Pizza Burger on a Bun</p> <p>FEATURED VEGGIES Curly Fries Romaine Salad Featured Fruit Choice of Milk</p>	<p>Entrée Cheeseburger on a Bun</p> <p>FEATURED VEGGIES Baked Beans Red Pepper Strips Featured Fruit Choice of Milk</p>

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ALL STUDENT LUNCHES ARE FREE!!

#UNKNUWN!
All ala carte and 2nd lunches are charged at regular price.

Adult \$4.75

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