



MOUNT UNION JR/SR HIGH

NOVEMBER 2024



MONDAY

TUESDAY
10/29/2024

WEDNESDAY
30

THURSDAY
31

FRIDAY
1



4



5



7

Entrée
Cheeseburger

FEATURED VEGGIES
Curly Fries
Red Pepper Strips
Featured Fruit
Choice of Milk

8



Entrée
Mac & Cheese
with a breadstick

FEATURED VEGGIES
Steamed Broccoli
Carrot Sticks
Choice of Fruit
Choice of Milk

11

Entrée
Walking Taco

FEATURED VEGGIES
Seasoned Rice
Red Pepper Strips
Choice of Fruit
Choice of Milk

12

Entrée
Popcorn Chicken and
Mashed Potato Bowl
topped with Cheddar Cheese
w/ Dinner Roll

FEATURED VEGGIES
Steamed Corn
Cherry Tomatoes
Choice of Fruit
Choice of Milk

13

Entrée
Chicken Patty
on a wa Bun

FEATURED VEGGIES
Baked Potato w/ Fixings
Chickpea Salad
Choice of Fruit
Choice of Milk

14



15



18

Entrée
Turkey Club Sandwich

FEATURED VEGGIES
Tator Tots
Curried Chickpea Salad
Featured Fruit/ Milk
Chicken Noodle Soup

19

Entrée
Chicken & Waffles
with aravy

FEATURED VEGGIES
Mashed Potatoes
Baby Carrots
Featured Fruit
Choice of Milk

20

Entrée
Fajita Grill
Chicken Fajitas
in Soft Tortilla w/
Sautéed Peppers and Onions

FEATURED VEGGIES
Ranch refried Bean Dip
Fresh Pico De Gallo
Featured Fruit
Choice of Milk

21

Entrée
Buffalo Chicken Dip
Over Fries

FEATURED VEGGIES
Steamed Broccoli
Tomato Wedges
Featured Fruit
Choice of Milk

22



Entrée
Meatball Sub
on a roll

FEATURED VEGGIES
Steamed Corn
Romaine Salad
Featured Fruit
Choice of Milk

25

Entrée
Chicken Patty
on a roll

FEATURED VEGGIES
Baked Beans
Red Pepper strips
Featured Fruit
Choice of Milk

26

Entrée
Hot Sausage on a roll

FEATURED VEGGIES
Steamed Broccoli
Cherry tomatoes
Featured Fruit
Choice of Milk

27

Entrée
Bacon Cheeseburger

FEATURED VEGGIES
Au gratin Potatoes
Baby Carrots
Featured Fruit
Choice of Milk

28

Entrée
Thanksgiving Meal
Roast Turkey

FEATURED VEGGIES
Mashed Potatoes
Steamed Corn
Holiday Treat
Featured Fruit
Choice of Milk

29



Entrée
Spaghetti & Meatballs
w/ garlicstick

FEATURED VEGGIES
Steamed Green Beans
Romaine Salad
Featured Fruit
Choice of Milk

31

Entrée
Toasted Cheese

FEATURED VEGGIES
Tomato Soup
Red Pepper Strips
Featured Fruit
Choice of Milk

30

Entrée
Chicken Patty
on a wg Bun

FEATURED VEGGIES
Steamed Corn
Carrot Sticks
Featured Fruit
Choice of Milk

29



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk



Offering a variety of Chef Inspired Creations



ALL STUDENT LUNCHES ARE FREE!!

#UNKNOWIN!

All ala carte and 2nd lunches are charged at regular price

Adult \$4.75

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