

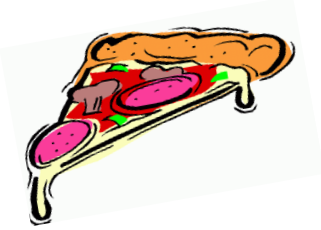


Mount Union FREE Summer Lunch Menu July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
7/8/24	7/9/24	7/10/24	7/11/24	7/12/24
Pizza Casserole Garlic Stick	Toasted Cheese Sandwich	Mashed Potato Bowl with a roll	Cheesesteak Flatbread	REMEMBER THERE ARE: NO RESTRICTIONS
				NO INCOME REQUIRMENTS
Featured Veggies: Steamed Green Beans	Featured Veggies: Tomato Soup	Featured Veggies: Steamed Corn	Featured Veggies: Oven Fries	EVERYONE IS WELCOME!!
Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	COME FOR A GOOD MEAL 11AM to 12:30PM
7/15/24	7/16/24	7/17/24	7/18/24	7/19/24
Chicken Alfredo over Penne Garlic Bread Stick	Turkey Club on a wheat bread	Chicken Nuggets with a whole grain roll	Walking Taco with Whole Grain Roll	
	Chicken Noodle Soup			
Featured Veggies: Steamed Peas	Featured Veggies: Steamed Broccoli	Featured Veggies: Scalloped Potatoes	Featured Veggies: Steamed Rice	
Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	CLOSED ON FRIDAYS
7/22/24	7/23/24	7/24/24	7/25/24	7/26/24
Chicken and Gravy Over Waffles	Meatball Sub on a roll	Lasagna with a Garlic Stick	Cheese Burger On a wg Bun	
Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Fresh Veggie Medley Tator Tot Choice of Fruit Choice of Milk	Featured Veggies: Toss salad Steamed Green Beans Choice of Fruit Choice of Milk	Featured Veggies: Curly Fries Choice of Fruit Choice of Milk	SORRY CLOSED ON FRIDAYS
7/29/24	7/30/24	7/31/24	8/1/24	8/2/24
Macaroni & Cheese Garlic Stick	Chicken Patty On a wg Bun	Hot Turkey Sandwich	Bacon, Egg & Cheese On a wg Croissant	
Featured Veggies: Steamed Green Beans Stewed Tomatoes Choice of Fruit Choice of Milk	Featured Veggies: Oven Fries Steamed Peas Choice of Fruit Choice of Milk	Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Tator Tots Choice of Fruit Choice of Milk	SORRY CLOSED ON FRIDAYS
8/5/24	8/6/24	8/7/24	8/8/24	7/5/24
	Sorry We are closed this week.		We will see you in August For back to school	
REMEMBER THERE ARE: NO RESTRICTIONS	At least three choices at day	SCHOOL IS OUT FOR THE SUMMER!!!	Starts June 3th Ends August 1st	GAMES
NO INCOME REQUIRMENTS		BUT DON'T WORRY YOU CAN STILL COME TO THE HIGH SCHOOL CAFETERIA FOR A GREAT MEAL.		Air Conditioned
EVERYONE IS WELCOME!!	Free Free Free Free	KIDS EAT FREE!!!!!!	Eat in only.	SORRY CLOSED ON FRIDAYS
COME FOR A GOOD MEAL 11AM to 12:30PM	Free			

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry



KIDS AGE 18 & UNDER FREE Adult Lunch \$3.00

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