



Mount Union Elementary- May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
WELCOME SUMMER				
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
Breakfast Sandwich or Assorted Cereals or Cereal Bars with mini loaf	Breakfast Pizza or Assorted Cereals or Cereal Bars with mini loaf	Scrambled eggs & links or Assorted Cereals or Cereal Bars with mini loaf	French Toast Slides with Syrup or Assorted Cereals or Cereal Bars with mini loaf	Cinnamon Roll or Assorted Cereals or Cereal Bars with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
4/11/24	4/14/24	4/15/24	4/16/24	4/17/24
Funnel Cake or Assorted Cereals or Cereal Bars with Toast	Breakfast Pizza or Assorted Cereals or Cereal Bars with Toast	Egg & Cheese Croissant or Assorted Cereals or Cereal Bars with Toast	Apple Strudel or Assorted Cereals or Cereal Bars with Toast	Blueberry Muffin or Assorted Cereals or Cereal Bars with Toast
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24
Pancakes & Sausage on a Stick or Assorted Cereals or Cereal Bars with mini loaf	Breakfast Pizza or Assorted Cereals or Cereal Bars with mini loaf	Yogurt Parfaits or Assorted Cereals or Cereal Bars with mini loaf	French Toast Slides with Syrup or Assorted Cereals or Cereal Bars with mini loaf	Egg Benedict Cereal Sandwich or Assorted Cereals or Cereal Bars with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24
ALL ARE WELCOME!!	KIDS UP TO AGE 18 EAT FOR FREE!	PLEASE JOIN US FOR THE FREE SUMMER LUNCH PROGRAM	Mondays thru Thursdays	11am to 12:30
ADULT LUNCH \$3.90				

What is a Meal?
You must choose at least 3 of the 4 components available for the school/breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk - 1% white, 1% chocolate

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes

Served with Toast

Fruit May include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Debbie Lear
General Manager
mlf037@metzcorp.com
814-542-2578 #126



USDA is an equal opportunity provider and