

Mount Union JR/SR High- May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
		5/1/24	5/2/24	5/3/24	You must choose at least 3 of the
		Breakfast Burrito	Breakfast Sandwich	Pancakes with links	4 components available for the
	- 🗡 S.S.	Or	Or		school breakfast price.
		Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Choice of: Grain or grain/protein
	·	with mini loaf	with mini loaf	with mini loaf	Choice of fruit or vegetable
		with mini loar	with mini loai	with mini loai	(must take at least a 1/2 cup)
		Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	and Choice of Milk
		& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	Choice of Milk - 1% white, fat-free
		or Canned Fruit	or Canned Fruit	or Canned Fruit	white, chocolate, vanilla and
		Choice of Milk	Choice of Milk	Choice of Milk	strawberry
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24	You must take at least 1/2 cup of
Donuts	Breakfast Sandwich	Loaded Bagels	Breakfast Sandwich	Apple Strudels	fruit or vegetable
or	Or	Or	Or	Or	
Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	
with mini loaf	with mini loaf	with mini loaf	with mini loaf	with mini loaf	Whole Grain Cereal
WILLI IIIIII IOdi	WILLI IIIIII IOdi	WILLI ITIITII IOdi	WILLI IIIIII IOdi	with mini ioai	Selection May Include:
Asserted 100% Erwit Ivias	Asserted 1000/ Fruit luiss	Asserted 1000/ Emit luiss	Asserted 1000/ Ervit luiss	Accorded 1000/ Ervit luice	Cinnamon Toast Crunch
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Trix
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh or Canned Fruit	Cocoa Puffs
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit		Fruity Cheerios Rice Crunch
Choice of Milk 5/13/24	Choice of Milk 5/14/24	Choice of Milk 5/15/24	Choice of Milk 5/16/24	Choice of Milk 5/17/24	Kix
Ham & Cheesy Eggs	Breakfast Sandwich	French Toast Sticks	Breakfast Sandwich	Donuts	Cheerios
or	or	French Toast Slicks	or	Donuis	Fruit Loops
Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	or	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Frosted Flakes
	with mini loaf	or Assorted Cereals or Cereal Bar			Served with Toast
with mini loaf	with mini ioai		with mini loaf	with mini loaf	
Assessed 4000/ Emit luiss	Asserted 4000/ Emit luiss	with mini loaf	Asserted 1000/ Emit luiss	Assested 1000/ Ervit Luiss	Fruit May Include:
Assorted 100% Fruit Juice & Assorted Fresh	Assorted 100% Fruit Juice & Assorted Fresh	Assorted 100% Fruit Juice & Assorted Fresh	Assorted 100% Fruit Juice & Assorted Fresh	Assorted 100% Fruit Juice & Assorted Fresh	Canned peaches, applesauce,
					pears, pineapple, fruit cocktail,
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	mandarin oranges, 100% juice
Choice of Milk 5/20/24	Choice of Milk 5/21/24	Choice of Milk 5/22/24	Choice of Milk 5/23/24	Choice of Milk 5/24/24	(apple, orange), fresh fruit
Pancake on a stick	Breakfast Sandwich	Pancakes & Sausage Links	Breakfast Sandwich	Blueberry Muffins	selection including apples, bananas and oranges
	Or	5	Or		bunanas ana oranges
or Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	or Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	Assorted Cereals or Cereal Bar	
				with mini loaf	Debbie Lear
with mini loaf	with mini loaf	with mini loaf	with mini loaf	with mini loai	
Assorted 100% Fruit Juice	Assorted 100% Equit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	General Manager
	Assorted 100% Fruit Juice				ma1037 @metzcorp.com
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	814-542-2518 #126
or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk	A had a
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24	Nulley .
ALL ARE WELCOME!!	5/20/24	PLEASE JOIN US	3/00/24	5/01/24	No.
ALL ANL WELGOWE!!		FOR THE FREE	Mondays		$\frac{1}{2} \left(\frac{1}{2} \right) = \frac{1}{2} \left(\frac{1}{2} \right) = \frac{1}$
	KIDS UP TO	SUMMER LUNCH	thru	11am	
	AGE 18	PROGRAM		to 12:30	
	EAT FOR FREE!	FNUUKAWI	Thursdays	10 12.30	NOT TO CON
	EAT FUR FREE!		Starts June 3rd		
	ADULT LUNCH \$3.90		Starts June Sru		
	ADOLI LUNCU \$3.90				USDA is an equal opportunity
					provider and employer.
					provider and employer.
ALI	ALL STUDENT BREAKFASTS ARE FREE!! Adult Breakfast \$2.35				