

MOUNT UNION JR/SR HIGH May 2024



MONDAY **TUESDAY** WEDNESDAY **THURSDAY**





What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

> Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk



Offering a variety of Chef Inspired C Creations



topped with Cheddar Chees w/ Dinner Roll **FEATURED VEGGIES** Mashed Potatoes

Steamed Corn Featured Fruit Choice of Mill 8

Entrée

Popcorn Chicken and Mashed Potato Bowl

Entrée Philly Cheesesteak Sandwid

> FEATURED VEGGIES Oven Fries Chick Pea Salad Featured Fruit Choice of Milk

> > 9

Entrée Buffalo Flatboard

FRIDAY

FEATURED VEGGIES Steamed Zucchini Tomato Slices Featured Fruit Choice of Milk

10

cheffrest

Monte Cristo on french toast

cheffrest

FEATURED VEGGIES Steamed Green Beans Tomato slices Featured Fruit Choice of Milk

Entrée Toasted Cheese

FEATURED VEGGIES Tomato Soup Red Pepper Strips Featured Fruit Choice of Milk

14

Entrée Macaroni & Cheese with a garliestick

FEATURED VEGGIES Steamed Peas Cherry Tomatoes Featured Fruit Choice of Milk

15

Entrée Buffalo Chicken Dip Over Fries

FEATURED VEGGIES Roasted Lemon & Parm Broccoli Carrot and Celery Sticks Featured Fruit Choice of Milk

16

Entrée Bacon Cheeseburger on a bun

FEATURED VEGGIES Baked Potato Baked Beans Featured Fruit Choice of Milk

Entrée Chicken Quesadilla

cheffresh

13

Entrée Sweet & Sour Chicken over Rice with an egg roll

FEATURED VEGGIES Steamed Broccoli Celery Sticks Featured Fruit Choice of Milk

Entrée Walking Taco

FEATURED VEGGIES Refried Beans Seasoned Rice Featured Fruit Choice of Milk

21

Entrée Spaghetti & Meatballs with a garlic stick

FEATURED VEGGIES Steamed Green Beans Tomato Slices Featured Fruit Choice of Mill

22

Entrée Stromboli

Baby Carrots

Featured Fruit

23

FEATURED VEGGIES FEATURED VEGGIES Pasta Salad

Oven Fries Baby Carrots Featured Fruit Choice of Milk

cheffresh

Chicken & gravy over waffles

FEATURED VEGGIES Mashed Potatoes Steamed Corn Featured Fruit Choice of Milk

No Restrictions

All age 18 & under

eat free!

Toasted Cheese

FEATURED VEGGIES Tomato Soup Red Pepper Strips Featured Fruit Choice of Mill

30

Chicken Alfredo with a garlic stick

FEATURED VEGGIES Steamed Peas Tomato Slices Featured Fruit Choice of Mill

1

Entrée Buffalo Chicken Dip Over Fries

FEATURED VEGGIES Oven Fries Tomato Slices Featured Fruit Choice of Mill

2

Entrée Chicken Patty on a bun

24

FEATURED VEGGIES Baked Beans Tomato Slices Featured Fruit Choice of Milk

3

ALL STUDENT LUNCHES ARE FREE!! Cheffres

All ala carte and 2nd lunches are charged at regular price

Adult \$3.90

Food Service Director 814-542-2518 #126

Starts on June 3rd

Monday thur Thursday FREE

FREE

FRFF



Debbie Lear

Free Summer Lunch